

## Ralph's InstantPot Gizzards

Here it is! My husband created this! Ralph's InstantPot Gizzards

1 lb chicken gizzards (plus a couple necks & hearts)

1 1/2 c water or stock (we used mushroom stock)

pinch poultry seasoning

pinch diced yellow onion

pinch minced garlic

pinch red pepper flakes

1 stalk celery

1 TB worchesteshire sauce

1 TB rice wine vinegar

1 TB lemon juice

Steam 12 minutes

Let sit 20 min

then Quick Release

We served with Lundberg's long grain white rice (leftovers from yesterday)

He started just going through the fridge adding a little of this and that, and it really came out great!